



Let's Give Back Presents

NATIONAL COOKERY CONTEST

Kahin Gum Na Ho Jayein- Season 7

Hamari Virasat Hamare Uyanjan

Guest Of Honour

For Grand Finale



Ms Babeetta

Founder-Let's Give Back

Col Atul

CoFounder-Let's Give Back



Mr Sandeep Marwah



PadmaShri Pushpeshji



Mr Gyan Bhushan



Dr Sachchidanand Joshi



Ms Reena Mukherjee
Chief Coordinator

State - Assam(Guwahati)

Judge

Guest Of Honour

Coordinator



Chef Hemanta Baishya

Dr Amitabh Dey

Daisy Ahmed

OUR VENUE PARTNER

NATIONAL PRIZES

CALL FOR REGISTRATION

7002474178

ihm
Guwahati

Winner - rs 51,000/-
runner up - rs 31,000/-
2nd runner up - rs 21,000/-

Event Date-27th September
@ IHM Guwahati

National Cookery Contest Kahin Gum Na Ho Jayein Season 7

Theme: Humari Virasat Humare Vyanjan

Prize Money at National Finale : 51,000 (Ist), 31,000 (IIInd), 21,000 (IIIrd)

Registration Begins: 02 July Registration ends : 10th Sept September

Assam State Finale – 27th Sept. 2024

Venue: IHM Guwahati

Prizes – Top winner at Guwahati Contest shall be declared as Assam State Winner and will be felicitated by the Winning Trophy and a Certificate. Shall also qualify to contest in National Finale scheduled to be held in NCR in Jan2025.

1st Runner up and 2nd Runner up (if any, depending on the number of participants) shall also get Winning Trophy and qualify to contest in National Finale in NCR.

All other participants shall get participation trophies and a Certificate. Other than this there will be few other prizes from the Gifting Partners if any.

No Gender bar is there for participation. Home cooks, Budding Chefs, Culinary instt. Students across the country can participate in this contest.

Cooking contest Rules

1. Every interested participant shall Register within the stipulated time by paying an amount of Rs.250/ .Connect to our Assam State Coordinators, Daisy Ahmed
Mob: 7002474178

2. Its only Vegetarian Food Contest. Use of onion Garlic is permitted.

3. Participants have to bring cooked food from Home. 1 Sweet & 1 Savoury dish. The participants may choose to cook dish of any Indian Region. No western, European, Pan Asian food other than India is permitted for Contest.

4. Participants shall be provided space on a Table for displaying their cooked food. They may decorate their given space in befitting manner. However, only two items (chutneys, papad, pickles,)complementing the food is permitted. If found more, then those dishes will not be considered for Contest.

5. As per the Contest guidelines, Maida, Refined Sugar, Refined oil, Cheese, Processed Butter or any kind of processed food, sauces are not permitted to be used in the cooking. Instead, any millet flour, wheat flour, Desi Khand, unrefined sugar, unprocessed Mishri, Jaggary, Desi Ghee, Mustard oil , unrefined groundnut oil, peanut or sesame oil are permitted to cook with.

6. Presentation of the food would be preferred in traditional way in traditional serving thalis and bowls of Brass, Copper, Silver ware, Earthen or Stainless steel, iron or Pattal. No plastic, non stick cookware or serving bowls are permitted. No food cooked in microwave will be considered for the contest. Baking sweets/Savoury, in Traditional technique is permitted not cake or any pâtissier.

It's a very prestigious Contest where Stalwarts of Indian Culinary Industries are Associated. Is a Golden opportunity for all of you so Register yourself fast, who knows you will be the National Winner of season 7.

Best wishes to all.