

IHM GUWAHATI
Hostel Weekly Menu
2026 - 2027

Breakfast Menu

Day	Menu
Monday	Puri & Chana Dal Sabji, Tea
Tuesday	Bread with Butter, Boiled Eggs, Banana, Tea
Wednesday	Puri & Aloo Sabji, Tea
Thursday	Puri & Chickpea Sabji, Tea
Friday	Bread with Jam, Omelette, Tea
Saturday	Puri & Aloo Sabji, Tea
Sunday	Aloo Paratha, Pickle, Tea

Lunch Menu

Day	Menu
Saturday	Rice, Aloo Soyabean with Gravy, Salad
Sunday	Rice, Rajma / Chana Masala Gravy, Papad & Pickle

Dinner Menu

Day	Menu
Monday	Steamed Rice, Dal Tadka, Cabbage-Peas Sabzi, Salad
Tuesday	Rice, Paneer Gravy, Pickle
Wednesday	Rice, Dal, Fish Curry / Paneer Sabji
Thursday	Rice, Chana Dal, Jeera Aloo, Papad
Friday	Rice, Dal, Egg Curry, Aloo Matar Sabji
Saturday	Rice, Rajma Dal, Mix Vegetable Sabji, Papad
Sunday	Rice, Dal, Chicken Curry / Paneer Sabji

Snacks Menu

Day	Menu
Monday	Vegetable Maggi, Tea
Tuesday	Bread Pakora with Ketchup, Tea
Wednesday	Veg Chowmein, Tea
Thursday	Pasta, Tea
Friday	Veg Cutlet with Ketchup, Tea

Saturday	Bhel Puri, Tea
Sunday	Samosa with Tomato Ketchup, Tea

Note: The hostel menu may change from time to time.